

## Lucid Dreaming – Plot Points (narrative order, colour coded)

1. Macy stands in the mirror looking at herself. She is dressed in 1980's clothing. Around her neck is a homemade necklace. Macy stares directly at herself in the mirror. She has recently been crying.
2. A TV studio, a panel of people are seated in a semi-circle in front of massive screen with slow moving background. Many cameras are pointed towards the panel. TV crew are busy getting ready, tweaking lighting, adjusting cameras, checking makeup. A figure in the shadows watches the busy scene, they glance at their watch, and then back at the panel.
3. Dreamer 1 washes the dishes.
4. Dreamer 2 carries a child, bag, travel coffee cup to their car
5. Dreamer 3 sits at their desk in their office, staring off into space
6. Dreamer 4 carries shopping bag in through the garage, down a long hallway
7. The rotary telephone rings, Macy answers the call. We only hear her side of the conversation. [I'm fine...I have everything I need... that isn't necessary...I know you are my brother...Jacob, please don't tell anyone...you are the only one I can trust]
8. DREAM - POV Waves / Ocean
9. Macy walks to the beach at sunset, and stands at the edge of a vast ocean.
10. The TV studio is now fully lit. The floor manager announces they are going to roll the cameras. Everyone is quiet. Clapper/ID board. The view through the camera of the panel. The shadowy figure watches on.
11. Dreamer 1 hears a knock at the door, there is no one there, a but package has been left.
12. Dreamer 2 gets into their car, a mysterious package sits on the passenger seat.
13. Dreamer 3 approaches their desk at work, there is a mysterious package waiting for them.
14. Dreamer 4 unpacks the food shopping, a mysterious package is pulled from the bag
15. DREAM - POV Fear / Terror
16. Host question "Why do we dream?" Panel responds.
17. Jacob has arrived at the door with his suitcase.
18. MONTAGE - the dreamers open the packages, there is an empty notepad with a pen, a torch, a strange wooden token, a flyer for lucid dreaming, and a small audio player. They all examine the items, before finally pressing play on the audio player... [MC – Hello and welcome, please don't be alarmed, this message will hopefully put you at ease. There is a lot to cover. You have received this package as you been selected to participate in....]
19. Macy and Jacob sit at the table, packing boxes surround them. They sit in silence. A broken conversation. [Jacob – Mum is worried about you, she doesn't understand why you left...I am here to support you.] Macy stares off into the distance, finally looking at Jacob [Macy – I know you are worried, but this is something I need to do.]
20. DREAM - POV Flying
21. Macy sits at the edge of her bed, in the middle of the night, the only light is from a dim bedside lamp. She stares out the window. Her attention is then drawn to a notepad with a rubric cube on top. She moves the rubric cube to one side and picks up the notepad and pen. Macy continues writing at the bottom of a passage of text.
22. MONTAGE - All four dreamers get ready for bed, one of them presses play on the audio device [Macy (older) – restful slumber prepares the body, as you lay down take the time to internally acknowledge this waking state, in preparation for sleep.] All four dreamers look to the ceiling, before blinking and closing their eyes. [Macy (older) – throughout the day you have been reminding yourself to check that you are awake, this is another opportunity before you drift off to sleep.] The dreamers all examine their hands and fingers, turning over palms and moving fingers. They are deliberate in their movements, examining their fingers closely

23. Macy walks along the beach at dawn, picking up small items of vegetation and driftwood, putting them carefully into a mesh tote bag.
24. DREAM - POV War
25. Macy stands on the deck on a cold evening, her hair has changed, she has a blanket wrapped. She examines her hands and fingers, turning over palms and moving her fingers. She is deliberate in her movements, examining her fingers closely.
26. Cut to Macy in bed, continuing to examine her hands and fingers.
27. MONTAGE - In the middle of the night Dreamer 1 sits up in bed, Dreamer 2 reaches for their journal. Dreamer 3 picks up a pen, Dreamer 4 writes in their journal
28. Host question "What is a lucid dreaming?" Panel responds.
29. Dreamer 1 wakes up early and go outside to look at the sunrise
30. Dreamer 2 tends to an indoor plant
31. Dreamer 3 ties up their running shoes
32. Dreamer 4 read a music book
33. Macy in summer dress walks down driveway to the letterbox. The letterbox is stuffed full of letters of all shapes and sizes. Macy looks through a stack and stops on a postcard. Turning over the postcard says "It's been too long. Thinking of you. Love Jacob"
34. DREAM - POV Sex / Intimacy
35. Host question "How can we shape and control our dreams?" Panel responds.
36. Dreamer 1 draws a beautiful sunrise
37. Dreamer 2 waters a room full of magnificent indoor plants
38. Dreamer 3 sprints around a grass racetrack
39. Dreamer 4 plays a grand piano
40. Macy sits at the dining room table, the packing boxes are gone, replaced by the rubric cube and stopwatch. Macy jumbles up the rubric cube, places it on the table, starts the stopwatch and picks up the rubric cube to start solving it.
41. Host question "Are dreams the key unlocking our full potential?" Panel responds.
42. Dreamer 1 showers
43. Dreamer 2 brushes their teeth
44. Dreamer 3 puts on cocktail attire
45. Dreamer 4 packs their bag, including the strange token from the package
46. DREAM - POV Climate change
47. Macy has arranged the collected beach items to the shape of her necklace, she places the last piece before stepping back to reveal the entire work.
48. Cut to Macy playing with the necklace around her neck. Macy lies in bed, half propped up, staring off into space. She places the necklace on bedside table, next to her dream journal, and switches off the bed lamp.
49. DREAM - POV Painting
50. Dreamer 1 gets out of a car in a car park
51. Macy sprint along the beach, internal training, running, walking, running.
52. Dreamer 2 walks down the street
53. Macy watches as continuous sheets of paper pass through a dot matrix printer.
54. Dreamer 3 stands outside a restaurant at night.
55. Macy looks at the rotary phone, she hesitates several times, finally picking up the receiver and dialling a number.
56. Macy stands on the deck, holding a handmade wooden token in her hand.
57. Dreamer 4 approaches dreamers 1,2 & 3 sitting at a booth within the restaurant. All three stop talking when dreamer 4 approaches, dreamer 4 opens the palm of their hand, revealing the strange token. All acknowledge the token, and dreamer 2 gestures dreamer 4 to join them. They introduce themselves to open another.

58. Macy and Jacob walk along the beach talking, we cannot hear what they are saying. Jacob stops, he seems upset, he walks away, Macy calls out, he half turns, she says something else, he turns away again and walks away at double pace. Macy is left standing on the empty beach.

59. DREAM - POV Tending Indoor Plants

60. The Dreamers discuss when they first contacted.

61. Host question "How could lucid dreaming change the world?" Panel responds.

62. Macy stands alone by a fire.

63. The Dreamers discuss how their lives improved.

64. DREAM - POV Running

65. Macy makes bread by hand. It is early morning, a single candle is lit.

66. It is morning, Macy is reviewing a range of Lucid Dreaming promotional posters.

67. The Dreamers discuss what they think might be expected of them.

68. Jacob walks into the room [Jacob - I am sorry about yesterday, I just couldn't...] Jacob looks at the posters [Jacob ...what are all these...] Just sit down [...this is real, I can help people, the world needs to change, there are good people out there who need a voice] [Jacob... it doesn't make sense (interrupted) [Pick a book, any book] Macy gestures to the books, with an encouraging look, [Macy - start reading out aloud], Jacob finally pick a book from the middle of a pile, flips it open and begins to read a passage...Macy waits for few moments and then continues to recite the lines, Jacob continues in unison for a second, but then trails off in disbelief. Macy continues, Jacob is speechless for a moment [Jacob – but how?]

69. The figure in the shadow, Older Macy, sets out and walks onto the set.

70. MONTAGE - The dreamers leave the restaurant, and walk together down a city path. The four dreamers walk down a dimly lit hallway.

71. Macy and Jacob continue to talk

72. DREAM - POV Playing Piano

73. All of the panels stand and gather around, Older Macy, gives tokens to each of the characters

74. Macy gives Jacob a token

75. The four dreamers arrive at a room, several small groups, each of four people, are gathered and are speaking in hushed voices, in unison the groups of people stop speaking and turn around to look at the four dreamers, after a moment of examination everyone returns to their conversation. The four dreamers enter the room and find their own spot to wait.

76. Macy records Jacob's voice on a tape recorder

77. A spotlight appears in the middle of the room. Macy (older) walks out and into the light, looks around and begins to speak. [Dialogue – bringing people together, a community of good souls, the corrupt world, the need for change, the power of dreams, I need your help...]

78. Macy and Jacob pack up the house together.

79. MONTAGE - Dreamer 1 walking into a recording booth, puts on headphones, look at a printed text on A4 paper, clears their throat, takes a sip of water. They begin reciting the same script they once received "Hello and welcome, please don't be alarmed, this message will hopefully put you at ease. / Dreamer 2 sitting in the recording booth "There is a lot to cover. You have received this package as you been selected to participate in..." / Dreamer 3 "a project that aims to harness the power of dreams and ... / Dreamer 4 "develop your skills in lucid dreaming."

80. FINAL DREAM – Not POV, montage from across the world, images of learning, growth, progress

'Lucid Dreaming'

Cut to black

Credit Sequence